

Lunch Menu

Week
1



w/c: 01/09, 22/09, 13/10

MONDAY

**Creamy Coconut
Chicken Curry**

Served with Wholegrain Rice & Sweetcorn



TUESDAY

Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas



WEDNESDAY

Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy



THURSDAY

Chicken Meatballs

Served Whole Grain Pasta & Green Beans



FRIDAY

Golden Fish Fingers

Served with Chunky Chips and Baked Beans



Vegetable Curry

Served with Wholegrain Rice & Sweetcorn



**Vegetable Supreme
Pizza**

Served with Garlic & Herb Wedges and Coleslaw or Peas



Spring Vegetable Tart

Served with Crispy Roasties, Broccoli & Gravy



Chow Mein Noodles

Served with Coconut Green Beans



**Curried Chickpea
Fritters**

Served with Chunky Chips and Baked Beans



**Penne Pasta with
Homemade Tomato
Sauce**



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Homemade Tomato
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Homemade Tomato
Sauce**

**Penne Pasta with
Homemade Tomato
Sauce**



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



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with Cheese or Baked Beans or Tuna Mayo



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Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



**Chocolate Cake and
Custard**

Jelly & Fruit Slices



**Apple Crumble
Cake**

Fruit Salad

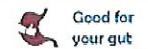


**Lemon Shortbread
Biscuits**



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**



Lunch Menu

Week
2

Stir.
let's eat. together

w/c: 08/09, 29/09, 20/10

MONDAY

Beef Burger in a Bun

Served with Wholegrain Pasta Salad & Green Leaves



TUESDAY

Chicken Tikka Masala

Served with a Wholegrain rice & Broccoli



WEDNESDAY

Roast Chicken

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy



THURSDAY

Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas



FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served with Chunky Chips & Peas



Homemade Vegetarian Burger

Served with Pasta Salad & Side Salad



Sweet Potato & Lentil Dhal

Served with a Wholegrain rice & Broccoli



Spinach & Cheese Swirl

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy



Gnocchi, Cream Cheese, Courgettes & Peas

Served with Mixed Salad

Vegetable & Bean Chilli

Served with Chunky Chips & Peas



Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Chocolate Brownie



Vanilla Ice cream Pot

Fruit Bowls



Blueberry & Orange Traybake

Oat Cookie & Melon Stick



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week
3



w/c: 15/09, 06/10

MONDAY

Sweet & Sour Chicken

Served with Wholegrain Rice & Green Beans



TUESDAY

Homemade Sausage Rolls

Served with Baked Potato Wedges & Baked Beans

WEDNESDAY

Roast Turkey

Served with Crispy Roasties, Carrots & Sweetcorn



THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Broccoli

FRIDAY

Golden Fish Fingers

Served With Chunky Chips & Baked Beans



Cheesy Lentil Lasagne

Served with & Side Salad



Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans



Baked Courgette & Bean Gratin

Served with Crispy Roasties, Carrots & Sweetcorn



Curried Spring Vegetable Pilaf

Served with Raita & Broccoli



Crispy Vegetable Fingers

Served with Chunky Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Sticky Toffee Banana Cake

Fruit Bowls



Lemon Jacks



Lemon & Peach Cake



Chocolate Cookies



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

