



Allergy Menu - Allergy Free Autumn/Winter 2025 Week One



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Penne Pasta with Homemade Tomato Sauce (1022105)	Sweet Potato & Bean Curry Served with a crunchy slaw (1118502)	Roast Gammon Served with Crispy Roasties, Broccoli & Gravy	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Peas (1118496)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans (674852)
Option 2					
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Apple Crumble (1118504)	Jelly & Fruit Slices	Cornflake Crispy Cakes (522425)	Fruit Salad	Lemon Shortbread Biscuits (1022097)

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

let's eat, together



Allergy Menu - Allergy Free Autumn/Winter 2025 Week Two



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Vegetable Fried Rice Served with Green Cabbage (1118514)	Bombay Chicken Biryani Served with Wholegrain Rice & Broccoli	Roast Chicken Served With Crispy Roasties, Carrots, Sweetcorn & Gravy (1118518)	Margherita Pizza Served with Garlic & Herb Wedges and Coleslaw or Peas (1025751)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans (674852)
Option 2					
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Cornflake Crispy Cakes (522425)	Watermelon Sticks	Chocolate Bricks (1118519)	Fruit Bowls	Rocket Lolly

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Allergy Menu - Allergy Free Autumn/Winter 2025 Week Three



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Penne Pasta with Homemade Tomato Sauce (1022105)	Vegetable Bean Chilli Served with Steamed Rice & Green Beans (1118557)	Roast Chicken Served with Crispy Roasties, Carrots & Sweetcorn	Margherita Pizza Served with Wedges and Baked Beans (1118550)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans or Peas (674852)
Option 2					
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Apple Crumble (1118504)	Fruit Bowls	Cornflake Crispy Cakes (522425)	Jelly & Fruit Slices	Chocolate Bricks (1118519)

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